



ಕರ್ನಾಟಕ ಸರ್ಕಾರ

ಸಮಗ್ರ ಮಕ್ಕಳ ರಕ್ಷಣಾ ಯೋಜನೆ

C/o ನಿರ್ದೇಶನಾಲಯ, ಮಹಿಳಾ ಮತ್ತು ಮಕ್ಕಳ ಅಭಿವೃದ್ಧಿ ಇಲಾಖೆ, ಒಂದನೇ ಮಹಡಿ, ಬಹು ಮಹಡಿಗಳ ಕಟ್ಟಡ,
ಡಾ||ಬಿ.ಆರ್. ಅಂಬೇಡ್ಕರ್ ವೀದಿ, ಬೆಂಗಳೂರು-560 001, ಕರ್ನಾಟಕ

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ಸಂಖ್ಯೆ:ಕರಾಸಮರಸೂ/ಐಇಸಿ/ಕೋವಿಡ್-19/47/2019-20

ದಿನಾಂಕ:10.06.2020

ಗೆ,

ಮಾನ್ಯ ಜಿಲ್ಲಾಧಿಕಾರಿಗಳು & ಜಿಲ್ಲಾ ದಂಡಾಧಿಕಾರಿಗಳು,
ಜಿಲ್ಲಾಧಿಕಾರಿಗಳ ಕಾರ್ಯಾಲಯ,
ಎಲ್ಲಾ ಜಿಲ್ಲೆಗಳು.

ಮಾನ್ಯರೇ,

ವಿಷಯ: ಕೋವಿಡ್-19(ಕೊರೊನಾ ವೈರಸ್) ಸಂಬಂಧಿಸಿದಂತೆ ಆರೋಗ್ಯ ಸಲಹೆ ಹಾಗೂ ಮುಂಜಾಗ್ರತಾ ಕ್ರಮಗಳ ಕುರಿತು Technical Committee of COVID-19, ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆಯವರು ಸಿದ್ಧಪಡಿಸಿರುವ Standard Operating Procedure ಪ್ರಕಾರ ಸರ್ಕಾರಿ/ಸರ್ಕಾರೇತರ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಸೂಕ್ತ ಕ್ರಮಗಳನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳುವುದರ ಬಗ್ಗೆ.

ಉಲ್ಲೇಖ: 1.ನಿರ್ದೇಶಕರು, ಸಮಗ್ರ ಮಕ್ಕಳ ರಕ್ಷಣಾ ಯೋಜನೆ, ಬೆಂಗಳೂರು ಇವರ ಪತ್ರ ಸಂಖ್ಯೆ:
ಕೆ.ಎಸ್.ಐ.ಸಿ.ಪಿ.ಎಸ್./ಕೋವಿಡ್-19/76/2020-21, ದಿನಾಂಕ:26-05-2020.


2.Commissioner, Health and Family Welfare Services, Bengaluru

E-mail Dated:05.06.2020.

ಮೇಲ್ಕಂಡ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಉಲ್ಲೇಖ(1)ರನ್ವಯ ಸಮಗ್ರ ಮಕ್ಕಳ ರಕ್ಷಣಾ ಯೋಜನೆಯಡಿಯಲ್ಲಿ ಬಾಲನ್ಯಾಯ (ಮಕ್ಕಳ ಪಾಲನೆ ಮತ್ತು ರಕ್ಷಣೆ)ಕಾಯ್ದೆ 2015ರ ಅಡಿಯಲ್ಲಿ ನೋಂದಾಯಿಸಲ್ಪಟ್ಟ ಎಲ್ಲಾ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಕೋವಿಡ್-19ರ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಅನುಸರಿಸಬೇಕಾದ ಸ್ಟಾಂಡರ್ಡ್ ಆಪರೇಟಿಂಗ್ ಪ್ರೋಸೀಜರ್ ಒದಗಿಸಲು ನಿರ್ದೇಶಕರು ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಇವರನ್ನು ಕೋರಲಾಗಿತ್ತು.

ಅದರಂತೆ ಉಲ್ಲೇಖ (2)ರಲ್ಲಿ ಮಕ್ಕಳ ಪಾಲನೆ, ಪೋಷಣೆ ಮತ್ತು ರಕ್ಷಣೆ ಕುರಿತಂತೆ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿರುವ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ವಹಿಸಬೇಕಾದ ಆರೋಗ್ಯ ಸಲಹೆ ಹಾಗೂ ಮುಂಜಾಗ್ರತಾ ಕ್ರಮಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ Technical Committee of COVID-19, ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆ ವತಿಯಿಂದ ಸ್ಟಾಂಡರ್ಡ್ ಆಪರೇಟಿಂಗ್ ಪ್ರೋಸೀಜರ್‌ನ್ನು ಅನುಮೋದಿಸಿ ಕಳುಹಿಸಿರುತ್ತಾರೆ. ಜಿಲ್ಲೆಗಳಲ್ಲಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿರುವ ಎಲ್ಲಾ ಸರ್ಕಾರಿ ಹಾಗೂ ಸರ್ಕಾರೇತರ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳು ಸದರಿ ಸ್ಟಾಂಡರ್ಡ್ ಆಪರೇಟಿಂಗ್ ಪ್ರೋಸೀಜರ್ ಪ್ರಕಾರ ಸೂಕ್ತ ಕೋವಿಡ್-19 ಮುಂಜಾಗ್ರತಾ ಕ್ರಮಗಳನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳಲು ಹಾಗೂ ಸದರಿ ಸ್ಟಾಂಡರ್ಡ್ ಆಪರೇಟಿಂಗ್ ಪ್ರೋಸೀಜರ್ ಯಂತೆ ಮುನ್ನೆಚ್ಚರಿಕಾ ಕ್ರಮಗಳನ್ನು ಅನುಷ್ಠಾನಗೊಳಿಸಲು ಕ್ರಮ ಕೈಗೊಳ್ಳಲು ಕೋರಿದೆ. Technical Committee of COVID-19, ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆಯಿಂದ ಅನುಮೋದಿಸಲ್ಪಟ್ಟ ಸ್ಟಾಂಡರ್ಡ್ ಆಪರೇಟಿಂಗ್ ಪ್ರೋಸೀಜರ್‌ನ ಪ್ರತಿಯನ್ನು ಈ ಪತ್ರದೊಂದಿಗೆ ಲಗತ್ತಿಸಿ ಕಳುಹಿಸಿದೆ.

ತಮ್ಮ ವಿಶ್ವಾಸಿ,


ನಿರ್ದೇಶಕರು,

11.06.2020

ಸಮಗ್ರ ಮಕ್ಕಳ ರಕ್ಷಣಾ ಯೋಜನೆ

ಬೆಂಗಳೂರು.

ಪ್ರತಿಯನ್ನು:

1. ಮಾನ್ಯ ಮುಖ್ಯ ಕಾರ್ಯನಿರ್ವಹಣಾಧಿಕಾರಿಗಳು, ಜಿಲ್ಲಾ ಪಂಚಾಯತ್, ಎಲ್ಲಾ ಜಿಲ್ಲೆಗಳು ಇವರುಗಳ ಮಾಹಿತಿಗಾಗಿ ಸಲ್ಲಿಸಿದೆ.

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2. ಜಿಲ್ಲಾ ಪೊಲೀಸ್ ಅಧೀಕ್ಷಕರು, ಎಲ್ಲಾ ಜಿಲ್ಲೆಗಳು ಇವರುಗಳ ಮಾಹಿತಿಗಾಗಿ ಸಲ್ಲಿಸಿದೆ.
3. ಉಪನಿರ್ದೇಶಕರು, ಮಹಿಳಾ ಮತ್ತು ಮಕ್ಕಳ ಅಭಿವೃದ್ಧಿ ಇಲಾಖೆ, ಎಲ್ಲಾ ಜಿಲ್ಲೆಯವರ ಮಾಹಿತಿಗಾಗಿ ಹಾಗೂ ಮುಂದಿನ ಸೂಕ್ತ ಕ್ರಮಕ್ಕಾಗಿ ಸಲ್ಲಿಸಿದೆ.
4. ಜಿಲ್ಲಾ ಆರೋಗ್ಯಾಧಿಕಾರಿಗಳು, ಜಿಲ್ಲಾ ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆ, ಎಲ್ಲಾ ಜಿಲ್ಲೆಯವರ ಮಾಹಿತಿಗಾಗಿ ಹಾಗೂ ಮುಂದಿನ ಸೂಕ್ತ ಕ್ರಮಕ್ಕಾಗಿ ಸಲ್ಲಿಸಿದೆ.
5. ಜಿಲ್ಲಾ ಮಕ್ಕಳ ರಕ್ಷಣಾಧಿಕಾರಿಗಳು, ಜಿಲ್ಲಾ ಮಕ್ಕಳ ರಕ್ಷಣಾ ಘಟಕ, ಎಲ್ಲಾ ಜಿಲ್ಲೆಯವರ ಮಾಹಿತಿಗಾಗಿ ಹಾಗೂ ಮುಂದಿನ ಸೂಕ್ತ ಕ್ರಮಕ್ಕಾಗಿ ಸಲ್ಲಿಸಿದೆ.



GOVERNMENT OF KARNATAKA

DEPARTMENT OF HEALTH & FAMILY WELFARE

Advisory for Child Care Institutions(CCI) in the context of COVID 19

1st June 2020

In view of ongoing COVID 19 pandemic, the following health advisory is issued for Children's Home (CH), Specialized Adoption Agencies(SAA) , Observation Homes (OH), Special Homes (SH) and Places of Safety (PoS).

1. Responsibility of the Facility manager/ caregiver

1.1 A nodal person from the facility shall be designated to co-ordinate COVID-19 related activities in the premises and liaise with the health department for advice from time to time.

1.2 The management shall create awareness about COVID-19 to the staff and residents through training and IEC activities in the facility. IEC materials shall be displayed in local languages in all prominent places and easy to understand formats including Braille and audible tapes for persons with visual impairment.

1.3 Daily observation of residents and staff for COVID-19 symptoms shall be done.

- A designated and trained person shall undertake screening for all staff and visitors by holding the thermal scanner from 3 to 15 cm away from the forehead. If temperature is $\geq 37.5^{\circ}\text{C}$ ($\geq 99.5^{\circ}\text{F}$) such staff shall not be allowed for work and referred to hospital/fever clinic for medical advice.
- If any staff has fever, cough, cold, throat pain or breathing difficulty they shall not be permitted to work and shall visit nearest hospital/fever clinic or dial Apthamitra helpline 14410.
- Assess health status of each resident daily for the development of fever, cough, cold, throat pain or difficulty in breathing. Residents with fever or respiratory symptoms shall contact Apthamitra helpline "14410" or visit the nearby fever clinic/hospital for medical consultation.
- Limit entry of visitors unless it is absolutely essential. In such situations, use of face mask, hand washing and physical distancing shall be followed. Encourage virtual meetings through video calls.

1.4 Elbow taps are recommended at all wash basins. Posters regarding steps of handwashing shall be displayed at all handwashing places.

1.5 Ensure adequate supplies of alcohol-based hand rub and availability of soap and water. Sanitizers shall be made available at entry, exits and appropriate places.

1.6 Ensure adequate supplies of tissue paper and closed bins for appropriate waste disposal.

1.7 Regularly review infection prevention control practices (hand hygiene, cough etiquette and physical distancing) among staff and residents.

2. General considerations for the residents/staff

2.1 Residents/staff shall follow hand hygiene frequently with soap and water or alcohol based hand-sanitizer(Annexure 1).

2.2 Residents/staff shall maintain cough etiquette; they are advised to cover their mouth and nose with a tissue paper/handkerchief when they sneeze/cough. Used tissue papers shall be disposed in closed dustbins. If they don't have tissue paper/hand kerchief they shall cover mouth and nose by the elbow while coughing and sneezing.

2.3 Maintaining a physical distance of more than 1 meter shall be made mandatory within the premises. Avoid group activities as far as possible, if required ensure physical distancing.

2.4 All the residents/staff shall wear face mask.

2.5 Stagger meal-time to ensure physical distance of more than 1 meter is maintained between residents. If not feasible, close dining halls and serve individual meals in their rooms.

2.6 Preferably, single room occupancy with attached bathroom facility shall be provided to the residents. In case of double or more occupancy, maintain at least 1 meter distance between the cots/ beds.

2.7 All residing in these facilities are high risk individuals who are prone for anxiety, depression or other psychiatric problems which needs to be addressed by mental health professionals. District Health officer may be contacted for any support.

3 Others:

3.1 Food Hygiene

- Kitchen shall be well ventilated & cleanliness shall be maintained. All perishable items used in food preparation shall be washed well before use.
- Food-handlers shall wear facemask, hand gloves, head-cap and apron. The mask shall cover nose and mouth properly.
- Frequent hand-wash with soap and water or alcohol based hand-rub shall be practiced.
- Food handlers shall maintain cough etiquette.

3.2 Cleaning practices

- All frequently touched surfaces (e.g., light switches, door handles, bed rails, bed tables, phones), training and physiotherapy equipments shall be disinfected using Lysol IP (50% Cresol and 50% Liquid soap) or 1% Sodium Hypochlorite solution (see Annexure – 2 for preparation) daily and when soiled.
- Accommodations and bathrooms/ urinals shall be disinfected on a daily basis, based on MoHFW guidelines-
<https://www.mohfw.gov.in/pdf/Guidelinesondisinfectionofcommonpublicplacesincludingoffices.pdf>

- Biomedical waste shall be collected in closed containers preferably in yellow liner and handed over to CBWTF or any identified agency by the local authorities.

3.3 Laundry

- Machine washing with warm water at 60–90°C (140–194°F) with laundry detergent is recommended. The washed clothes shall then be sun-dried.
- If machine washing is not possible, clothes shall be soaked in hot water and detergent for 30 minutes. Then the clothes shall be rinsed with clean water and sun-dried.

4. Protocol for new entrant:

4.0 Proper travel history and other details shall be elicited.

4.1 A designated and trained person shall undertake screening for new entrants by holding the thermal scanner from 3 to 15 cm away from the forehead. If temperature is ≥ 37.5 °C (≥ 99.5 °F) or if the child has fever, cough, cold, throat pain or breathing difficulty, such entrant shall be referred to nearest hospital/fever clinic or dial Apthamitra helpline 14410.

4.2 If the child is asymptomatic they shall be kept in separate room/block for 14 days of quarantine. During the quarantine period if the child develops symptoms as mentioned above, they shall be referred to fever clinic to rule out COVID- 19.

4.3 After 14 days quarantine the child shall be shifted to common rooms.

4.4 In case of minor mother, she shall be quarantined along with her baby for 14 days and continue to breast feed.

5. Action to be taken on detection of Suspect/confirmed COVID -19 case in the facility:

5.1 If resident develop symptoms of COVID-19 such as fever, cough, difficulty in breathing, etc. he/she shall be immediately moved to an area away from other individuals. If possible, find a room or area where they can be isolated behind a closed door, open the window for ventilation wherever possible.

5.2 The resident who is unwell shall be provided with N-95 facemask. While they wait for medical advice, they shall avoid any contact with other residents, avoid touching people, surfaces and objects. They shall be advised to cover their mouth and nose with a disposable tissue when they cough or sneeze and then dispose the tissue in a closed bin. They shall follow cough etiquette, hand hygiene practices and physical distancing from other residents.

5.3 Once a confirmed case is detected in the facility, shift to COVID hospital and co-ordinate with the district health authorities in carrying out contact listing and tracking as

per the guidelines of Government of Karnataka.

5.4 All the contacts of the confirmed case as listed by health authorities shall be quarantined as per the advisory of Government of Karnataka.

5.5 If a minor mother is COVID positive, then she shall be shifted to COVID hospital along with her baby. She shall continue to breast feed with precautions.

5.6 Entire room/block/facility shall be disinfected including all surfaces, floors, lifts, railings, stairs desks, vehicles etc. using 1% sodium hypochlorite and shall be re-used after 24 hours. There is no need to close or seal-down the facility by the authorities.

5.7 If the facility continues to report new COVID-19 cases in the following days, District health authority/BBMP shall further investigate and recommend further action on a case-to-case basis.

5.8 After the resident is free from symptoms, fully recovers and discharged from the hospital, he/she shall be allowed to stay in facility.

All the orders/ guidelines/ circulars /SOPs issued from Government of India and Government of Karnataka from time to time are applicable

Copy for necessary action:

1. DC/CEO/SP's of all districts.
2. DS/DHO/RCHO/DSO's of all districts.

Copy for information:

1. Additional Chief Secretary, GoK, H&FW, Bengaluru.
2. OSD, SSU COVID-19.
3. Mission Director, NHM, Bengaluru.
4. Director, H&FWS, Bengaluru.
5. Project Director, RCH, Bengaluru.
6. Project Director, IDSP, Bengaluru.
7. Joint Director, CMD, Bengaluru.

Annexure 1



Annexure 2

Guidelines for Preparation and use* of 1% sodium hypochlorite solution and Lysol

Product	Available chlorine	1percent
Sodium hypochlorite - liquid bleach	3.5%	1 part bleach to 2.5 parts water
Sodium hypochlorite - liquid	5%	1 part bleach to 4 parts water
NaDCC (sodium dichloro-isocyanurate) powder	60%	17 grams to 1 litre water
NaDCC (1.5 g/ tablet) - tablets	60%	11 tablets to 1 litre water
Chloramine - powder	25%	80 g to 1 litre water
Bleaching powder	70%	7g to 1 litre water
Lysol for disinfection	-	2.5% Lysol (1 litre of Lysol in 19 litres of water)
Lysol IP (50% Cresol and 50% Liquid soap)	-	2.5% Lysol (1 litre of Lysol in 19 litres of water)

Use*- All touch surfaces like tables, door handles, telephone, table bell, switches, lift buttons shall be wiped with clean cloth dipped in 1 % sodium hypochlorite solution or 7% Lysol